

Asian Pork Tenderloin

Type: Pork**Prep Time:** 2 hrs & 30 mins.**Style:** Chinese**Cook Time:** 15 mins.**Serves:** 2**Calorie Count:** High**Favorite:** No**My Recipe:** No

Ingredients:**For marinade****1/4 cup fresh orange juice****2 tablespoons oyster sauce****2 tablespoons soy sauce****1 1/2 tablespoons Asian
sesame oil****1 1/2 teaspoons five-spice
powder*****1/2 teaspoon dried thyme,
crumbled****3 garlic cloves, minced****1 pound pork tenderloin,
trimmed of excess fat****all-purpose flour for dredging
pork****2 tablespoons unsalted butter****1 tablespoon vegetable oil****2 large shallots, chopped fine****1/4 pound shiitake
mushrooms, stems discarded
and caps sliced thin****1/4 cup brandy****1/4 cup water****Method:**

Preheat oven to 200°F.

Make marinade: In a large bowl stir together marinade ingredients and let stand 15 minutes.

Add pork to marinade, tossing to coat completely. Marinate pork, covered and chilled, at least 2 hours, or overnight, turning pork at least once.

Remove pork from marinade and cut into 1-inch-thick slices. In a bowl dredge pork in flour, shaking off excess. In a large heavy skillet heat 1 tablespoon butter and vegetable oil over moderately high heat until hot but not smoking and saute pork 5 minutes on each side. Transfer pork to a heatproof dish and keep warm in middle of oven.

To skillet add remaining tablespoon butter and saute shallots, stirring, 1 minute. Add mushrooms and saute, stirring, 5 minutes, or until liquid they give off is evaporated. Add brandy and cook mixture, stirring, until almost evaporated. Add water and preserves and cook, stirring, until combined well. Stir in cream. Add pork and simmer 5 minutes.

Asian Pork Tenderloin

1/3 cup apricot preserves

1/3 cup heavy cream